

Checkout restaurant Summer menu – w/c 19th August 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRESH HOMEMADE SOUP Sweet Potato & Chicken Celery & Stilton Vegetable & Parsley	FRESH HOMEMADE SOUP Tomato & Herb Bacon & Mushroom Spiced Carrot	FRESH HOMEMADE SOUP Creamy leek Roasted Pepper & Chorizo Moroccan Vegetable	FRESH HOMEMADE SOUP Potato & Spinach Spicy Chickpea & Tomato Creamy chicken	FRESH HOMEMADE SOUP Vegetable Smoked Paprika Chicken Sweetcorn & Chilli
“AROUND THE WORLD” Pesto Chicken Whole chicken rubbed with pesto served with olive slaw and roasted new potatoes ¼ £2.95 ½ £3.95	“AROUND THE WORLD” Persian Honey Glazed Chicken Whole chickens rubbed with Persian honey spiced served with jewelled rice ¼ £2.95 ½ £3.95	“AROUND THE WORLD” Roasted Gammon Sliced gammon with a celeriac & potato mash, panache vegetables & creamy leeks. £3.95	“SMOKE HOUSE” Huli Huli Chicken Hawaiian whole chicken served with sweet potato wedges, salad & pineapple salsa ¼ £2.95 ½ £3.95	“AROUND THE WORLD” Moroccan Chicken Whole chicken marinated with Moroccan spices with a pickle slaw & couscous ¼ £2.95 ½ £3.95
“A TASTE OF SUMMER” Honey Soy Glazed Salmon Honey soy glazed salmon with sesame seed broccoli & Pak choi with rice £3.95	“A TASTE OF SUMMER” Grilled Mackerel Grilled mackerel on a bed of warm potato salad & sugar snap peas finished off with horseradish dressing £3.95	“A TASTE OF SUMMER” Italian Turkey Meatballs Herby turkey meatballs with a pesto tomato sauce served with a pulse salad £3.95	“A TASTE OF SUMMER” Tuna Burger Tuna burger served with a brioche bun with caper pickled slaw and mixed leaf £3.95	“A TASTE OF SUMMER” Lamb & Chickpea Curry Mild spiced lamb & chickpea curry with a turmeric rice £3.95
“HERO DISH” Stuffed Eggplant V Stuffed eggplant with middle eastern spices with a garlic tahini & salad £2.95	“HERO DISH” Beetroot & Red Onion Tart Tatin V Roasted beetroot & red onion with puff pastry served with a watercress salad £2.95	“HERO DISH” Smoked Bean chilli V A mild chilli with smoked beans & roasted vegetable served with a lemon rice £2.95	“HERO DISH” Vegetable Lasagne V Vegetables layered with pasta topped off with a soya béchamel sauce served with a watercress salad £2.95	“HERO DISH” Mushroom & Pepper Burger V Roasted Portobello mushroom & roasted pepper topped with a red onion & chilli chutney on a wholemeal bun served with salad £ 2.95
“GO LIVE” Pasta Bar A choice of two hot fillings of the day served with pasta & salad £3.40-£3.95	“GO LIVE” Banh mi Baguette Sliced Vietnamese pork loaded with cucumber, slaw, radish, pickled onion & jalapenos & a chilli dressing served with salad £3.95	“GO LIVE” Lebanese Chicken Fattah Authentic Lebanese chicken with a combo of spiced shredded chicken chickpeas toasted pitta bread, parsley mixed seeds & salad tossed with a garlic yogurt sauce £3.95	“GO LIVE” Omelette Bar Build your own omelette, using a choice of fillings and fresh free range eggs, watch as our chef carefully cooks your omelette to order. Served with tossed mixed salad and chips FROM £2.20 EXTRA FILLING 30P	“GO LIVE” Fish Friday A choice of fresh cod fillet or some Haddock, fried or poached served with peas and chips Curry sauce extra 50p £3.10